



ENGLISH CULTURE and HISTORY Course in BARCELONA, Spain

LOCATION:

Barcelona, Spain

TARGET PUBLIC

This course is designed for educators and education professionals who wish to deepen their understanding of English-speaking cultures and history and strengthen their intercultural competences.

The targeted public includes:

- Teachers of English as a foreign language (EFL/ESL)
- Primary and secondary school teachers
- Adult education and lifelong learning educators
- Vocational Education and Training (VET) teachers
- School staff involved in internationalisation, CLIL, or intercultural education
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The course is suitable for participants with an intermediate level of English or higher. No specialised background in history or cultural studies is required.

REGARDING THE GROUP:

Group size: between 4 to 10 participants. Maximum 14

Group composition: Participants attend the course with an Erasmus+ grant and come from a variety of European countries, including Poland, Italy, Portugal, France, Slovakia, Hungary, the Czech Republic, Germany, Lithuania, Latvia, and Estonia, among others. This multicultural composition fosters intercultural exchange and peer learning.

Language of instruction: The course is delivered in English.

Schedule: The course is organised either from 10:00 to 14:00, from 10:00 to 15:00, or from 10:00 to 14:00 with two additional afternoon sessions.

FEES

20 hours: 400€

25 hours: 450€



DESCRIPTION

This Erasmus+ training course offers participants an in-depth exploration of English culture and history within a European and global context. Hosted in Barcelona, a multicultural and historically rich city, the course combines academic content with intercultural perspectives, encouraging participants to reflect on cultural identity, diversity, and historical influence.

Participants will explore key historical periods, cultural movements, social traditions, and contemporary aspects of English-speaking countries, with particular attention to the United Kingdom and other Anglophone contexts. The course highlights the role of history and culture in shaping language, values, institutions, and social behaviour.

Through interactive sessions, discussions, and cultural activities, participants will gain insights into how English culture and history can be effectively integrated into language teaching and cross-curricular contexts. The course also promotes intercultural awareness and provides practical ideas for classroom implementation, supporting educators in developing inclusive and culturally responsive learning environments.

LEARNING OUTCOMES

By the end of the course, participants will be able to:

1. Identify key historical events and cultural developments in English-speaking countries.
2. Analyse the relationship between history, culture, and the English language.
3. Demonstrate increased intercultural awareness and cultural sensitivity.
4. Integrate cultural and historical content into English language teaching and cross-curricular activities.
5. Use authentic cultural materials to support language learning and critical thinking.
6. Design classroom activities that promote intercultural dialogue and global citizenship.
7. Enhance professional communication and collaboration in an international context.

ENGLISH CULTURE and HISTORY Course

Day 1 – Introduction to English Culture and History

- Course introduction and learning objectives.
- Overview of English-speaking countries and cultural identity.
- Key historical milestones in English history.

Group discussion and intercultural exchange.



Day 2 – Historical Foundations and Social Change

- Major historical periods and their cultural impact.
- The development of political and social institutions.
- Traditions, customs, and everyday life.
- Classroom applications and teaching resources

Day 3 – Literature, Arts, and Cultural Expression

- English literature and its historical context.
- Art, music, and popular culture.
- Using literature and media in the classroom.
- Practical workshops with authentic materials.

Day 4 – Contemporary English-Speaking Societies

- Modern British society and multiculturalism.
- Global influence of English culture.
- Intercultural communication and cultural awareness.
- Project work and group activities.

Day 5 – Cultural Integration and Educational Practice

- Designing culture-based learning activities.
- Presentation of participants' projects.
- Reflection on learning outcomes and classroom transfer.
- Course evaluation and certification

METHODOLOGY

The course adopts a learner-centred and interactive methodology that combines theoretical input with practical application. Sessions include interactive lectures, guided discussions, group work, and workshops using authentic cultural and historical materials.

Experiential learning is encouraged through collaborative activities, case studies, and reflective tasks that promote intercultural dialogue. Participants are actively involved in analysing cultural content, sharing professional experiences, and developing teaching resources relevant to their own educational contexts.

The methodology fosters critical thinking, intercultural competence, and practical transfer of knowledge, ensuring meaningful and sustainable professional development.



ASSESSMENT and EVALUATION METHODOLOGY

Assessment is formative and continuous, focusing on participants' engagement, reflection, and practical application of course content. There are no formal exams.

Participants are assessed through:

- Active participation in discussions and group activities.
- Completion of individual or group tasks.
- Design and presentation of a culture-based teaching activity or lesson plan

Self-assessment and peer feedback are integrated into the course to support reflective learning and professional growth.

Course evaluation is conducted through reflective discussions and participant feedback questionnaires at the end of the course. This evaluation process ensures quality assurance and supports continuous improvement in line with Erasmus+ standards.

Participants who actively complete the course receive a certificate of attendance indicating the number of training hours and learning outcomes achieved.